

FOR IMMEDIATE RELEASE

Putting Doubts to Bed

Companion book to Water Beds promises success

MT. PLEASANT, S.C. (June 12, 2008) – Dolphins, otters, beavers, and even a hippopotamus: how do creatures that breathe the air manage to sleep under water? Children’s book author and award-winner, Gail Langer Karwoski, asked this very question in her first bedtime storybook, *Water Beds*. Now, Mrs. Karwoski is back, with a companion book that continues to spread the magic and wonder of the natural world—***River Beds: Sleeping in the World’s Rivers***.

The idea for this bedtime story series came from Karwoski’s own experience as a mother. “As a mom, I helped my young children settle down by reading bedtime stories,” said Karwoski. “I think a good bedtime story helps youngsters leave the active day behind and enter into a gentle world filled with soothing dreams. How much better if the story also informs young minds about the diversity of life on our planet?”

River Beds: Sleeping in the World’s Rivers (Sylvan Dell Publishing, 2008) takes readers on an around-the-world boat ride to learn how mammals sleep in or around ten major rivers of the world on all continents except Antarctica. Readers get a chance to row down the Mississippi and watch two river otters slip into a hollow tree or look under the bank of the Brisbane River as a platypus pops into a hole and disappears into a narrow tunnel. Told in a soothing style, this book serves as a bedtime/naptime story for younger children or an animal geography book for older children.

Karwoski hopes that even adults may get something out of this whimsical bedtime tale. “There are no children’s books that present the sleeping habits of mammals that live in our rivers,” she said. “This topic is cutting edge science; most adults aren’t aware of how these animals manage to sleep and breathe in water!”

To celebrate the release of her upcoming release, Karwoski will be appearing at the following events:

- July 10, 7 PM, Watkinsville Library, Watkinsville, GA, Pajama Party and official book launch!
- July 14m 7 PM, Borders, Athens, GA, Pajama Party
- July 19, 11 AM, Barnes and Noble, Athens, GA, Storytime and craft
- July 22, 7 PM, Bogart Library, Bogart, GA, Pajama Party

The earlier companion book, *Water Beds: Sleeping in the Ocean*, was released in 2005. It was awarded the Just For Moms Foundation Mom’s Choice Award and the 2007 *Learning Magazine* Teachers’ Choice Award. It was also a SIBA Book Award short list finalist, *ForeWord* Magazine Book of the Year Award finalist, and Book Sense Picks nominee.

Karwoski is the author of nine published books for children and young readers, three of which have been published with Sylvan Dell Publishing: ***River Beds: Sleeping in the World’s Rivers***, *Water Beds: Sleeping in the Ocean* and *Julie the Rockhound*. Before becoming a full-time author, she taught in the Georgia public schools. She frequently returns to schools as a visiting author. For more information about Gail Langer Karwoski, visit her website, at www.gailkarwoski.com.

976 Houston Northcutt Blvd., Suite 3 Mount Pleasant, SC 29464

Free educational materials—such as audio readings, activity ideas, learning links and interactive quizzes—are available to supplement the book at www.SylvanDellPublishing.com. Like all Sylvan Dell books, ***River Beds: Sleeping in the World's Rivers*** was vetted for scientific accuracy and is aligned to various national and state curriculum standards.

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Visuals & Other Requests:

For cover art or Mrs. Karwoski's headshot, visit <http://www.sylvandellpublishing.com/ImageGallery.htm> or e-mail SaraDobie@SylvanDellPublishing.com.

For all other requests, please contact Sylvan Dell's publicist, Sara Dobie, at (877) 958-2600 or SaraDobie@SylvanDellPublishing.com.

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About Sylvan Dell Publishing

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